

Information & Referral Services

211CNY

211 or 844.245.9211

Free 24/7 health and human services referral and information line that connects people to various services in Central and Northern New York

Prevention Network

315.471.1359

Provides various prevention services to Onondaga County residents who struggle with alcohol and substance abuse

Spanish Action League

315.475.6153

Provides health and human services referrals and information to the Hispanic and Latino community of Onondaga County

Community Services for the Elderly

315.435.2362

Assists seniors and caregivers in Onondaga County by providing services and benefits that older adults need to live independently



Onondaga County Suicide Prevention Coalition

Dial 211 or 844.245.9211

www.211CNY.org

www.OCSPC.org



Get Connected. Get Help.™

Onondaga County Information and Resources

Onondaga County
Suicide Prevention Coalition
in partnership with 211CNY

www.OCSPC.org

National and Local Hotlines

Contact Hotline

315.251.0600

National Suicide Prevention Lifeline

800.273.8255

Crisis Text Hotline

HOME to 741741

National Runaway Switch Board Hotline

800.621.4000

National Domestic Violence Hotline

800.799.7233

NAMI Syracuse

315.487.2085

Gay, Lesbian, Bisexual, Transgender (GLBT) Hotline

888.843.4564

National Child Abuse Hotline

800.422.4453

Safe Alternatives

800.DONTCUT

National Eating Disorder Hotline

800.931.2237

Mobile Crisis Unit

Crisis Connect

24/7 Live Support Line staffed by

Trained Counselors

315.251.0800



Emergency Basic Needs

211 CNY

211 or 844.245.9211

Red Cross Disaster Services

315.234.2200

Counseling Services

Liberty Resources Health

315.472.4471

Catholic Charities Counseling

315.362.7568

ARISE Outpatient Mental Health Clinic

315.671.2955

Syracuse University Counseling

315.443.3023

Syracuse Community Health Center

315.476.7921

Hutchings Outpatient Services

315.426.3600

SUNY Upstate Psychiatry Clinic

315.464.3165

CirCare Outpatient Behavioral Clinic

315.472.7363 ext. 400

Saint Joseph's Mental Health Clinic

Adults: 315.703.2700

Children/Adolescence: 315.703.2800 ext. 4

Helio Health

315.471.0568

Veterans and Military Services

National Veterans Crisis Line

800.273.8255 ext. 1

Military Family Support Group

315.687.3300

Syracuse VA Behavioral Health

315.425.4400 ext. 53463

Housing Services

Department of Social Services

315.435.2700

After Hours: 211 or 844.245.9211

Low Income Rental Properties

www.NYHousingSearch.gov

Greater Syracuse Tenant Network

315.475.8092

Support Groups

Alcoholic Anonymous (AA)

315.463.5011

Child Abuse Support Group

315.701.2985

Gambler Anonymous Support Group

800.522.4700

LGBTQ Support Group

Youth (14-29): 315.701.2431

Adults: 315.475.2430

Narcotic Anonymous Support Group

315.472.5555

Vera House

315.468.3260