

We're not against guns... we're against suicide!

Help us help you keep yourself and your family safe...from suicide!

Is **your** safety on?

For more information, visit: OnondagaSuicidePrevention.com

## Need to talk?



We can all help prevent suicide.

The Lifeline is FREE, confidential and always available - 24/7.

## HELP

a loved one, a friend, or yourself.