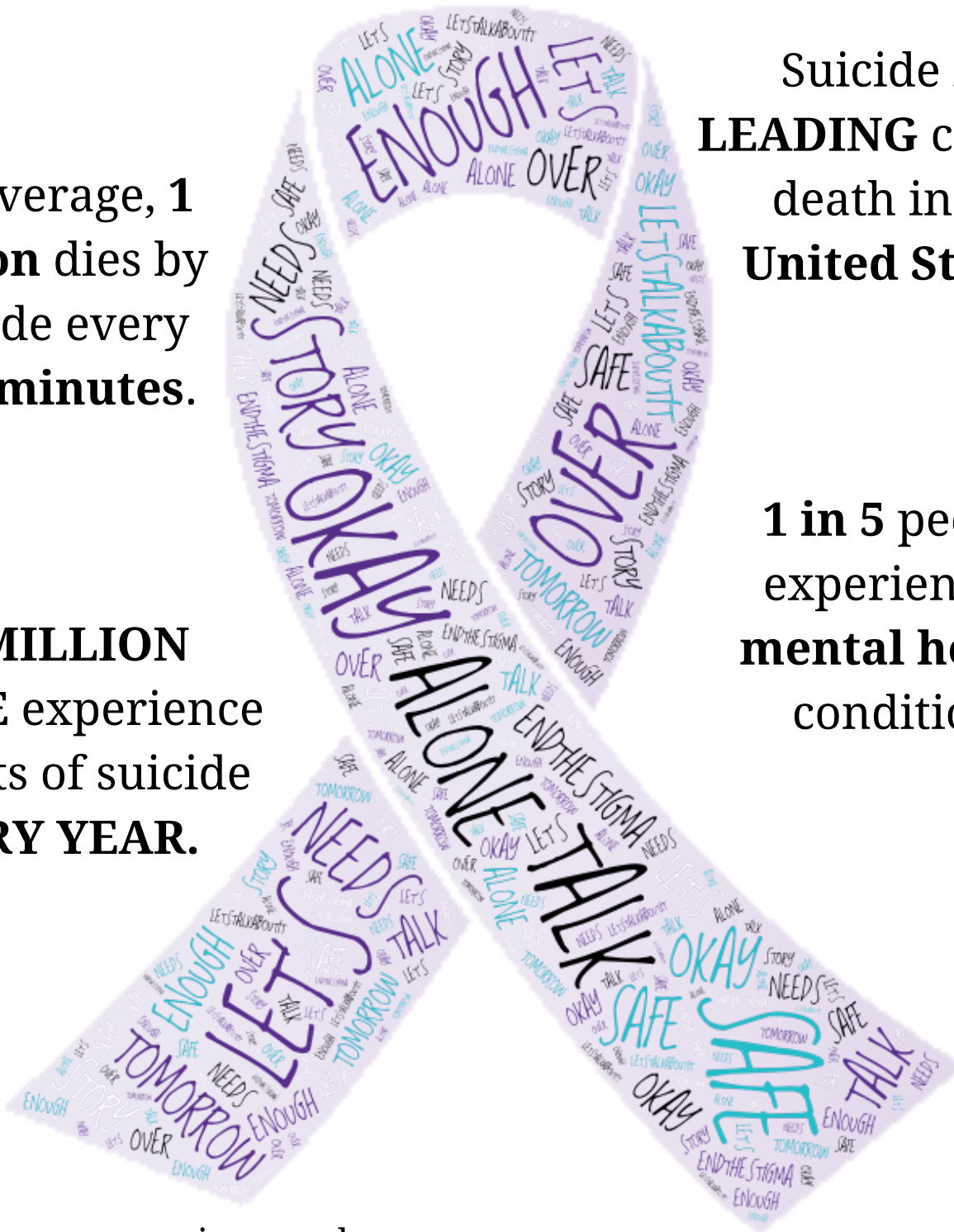# Did you know...

On average, **1 person** dies by suicide every **12.3 minutes**.

9.3 MILLION PEOPLE experience thoughts of suicide **EVERY YEAR.**

Suicide is a **LEADING** cause of death in the **United States**.

1 in 5 people experience a **mental health** condition.

Despite these concerning numbers, **suicide is 100% preventable...**

Let's Talk About It.